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KEVIN MAIMANN FOR METRO

Gigantic bar just got a little cosier — but is it small enough for neighbours? **metroNEWS**

Arrest leaves tenants in bind

HOUSING

Abdullah Shah denied bail on charges not tied to rental properties



Kevin Maimann
Metro | Edmonton

A notorious Edmonton landlord who was arrested last week will likely keep his properties, according to a local real-estate lawyer.

Police arrested Abdullah Shah last Friday and charged him with careless use of a firearm, possession of an offensive weapon dangerous to the public, and two counts of possession of stolen property under \$5,000.

Shah was denied bail Tuesday.

Because the offences don't relate to his numerous rental properties, however, Robert Noce with Miller Thomson law firm, said the likelihood of the landlord losing them is "virtually slim to none."

"If a landlord is convicted of a criminal offence, more than likely the prop-

erties will still remain in the landlord's name," said Noce.

If tenants have arrangements to personally deliver monthly payments to a landlord who can no longer be reached, they should set that money aside, Noce said, and assume they will be contacted by someone collecting on the landlord's behalf.

However, he urges caution and said it is crucial to get a receipt and take the agent's full name.

"The tenant should double- and triple-check that the person acting as the agent for the landlord is in fact someone who has the authority to act on behalf of the landlord," Noce said.

If issues arise in a landlord's absence, Noce said tenants should immediately contact the Landlord and Tenant Advisory Board for free assistance.

Shah, 54, who was formerly known as Carmen Pervez and Gohar Pervez, has had numerous run-ins with the law. He is scheduled to appear in court July 26, under the name Gohar Pervez, to answer to 64 earlier charges relating to his properties under the Public Health Act. He is also scheduled to appear on Aug. 17 on 16 possession and weapons-related charges.



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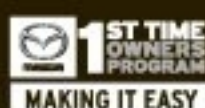
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Brewers catching up to demand

REPORT
Craft industry still lags behind Albertans' total beer drinking



Albertans drink a lot of beer but have few craft breweries. But some say that's about to change. A new report from Beer Canada, the industry's trade group, shows Albertans had Canada's third highest rate of beer consumption behind only Newfoundland and Quebec.

Yet that hasn't translated into a big growth in local brewers. Alberta had 40 brewers as of 2015, the same number as Nova Scotia, a province with less than a quarter as many people. British Columbia, with about 500,000 more people than Alberta, has 120 breweries by comparison. Ben Rix, one of four co-founders of the recently launched Bent Stick Brewing company in Edmonton, said it's regulatory barriers have stood in the way of growth. Rix and his co-workers all worked at Alley Kat Brewing before the government changed its rules in 2013, allowing brewers to be licensed without requiring them to produce large volumes. "When that rule changed

we all started chit-chatting at work," Rix said. Since that first meeting, Rix said the company bought equipment, found a location and perfected their recipes. "People have been excited to get some new players in the area and the beer has been selling really well so far," he said. Stephen Anderchek, the business manager of Village Brewery in Calgary, said removing the large volume requirement made it easier to start up. "You have people who are willing to make investments now where it is not an investment of \$5 million," he said. Anderchek said the consumer demand is there and breweries will rush in to fill it. "Now you are seeing the catch-up. The interest in people wanting to drink different styles," he said. Terry Rock, executive director of the Alberta Small Brewers Association, said all the ingredients are here for more breweries. "We're a world leader in the production of malt barley," he said. "We can create the freshest beer on the continent." Rock said he knows of at least a dozen new brewers that should open their doors in the next year or so and believes Alberta's industry will swiftly catch up. "I think we can actually build a tourism industry around this." Tony Stolz, manager of Olds College's Brewery, which is connected to the college's brewing program, said the

BY THE NUMBERS | Consumption by comparison

Here's a look at Alberta's beer consumption relative to other provinces across Canada, highlighting which provinces are the biggest drinkers in the Great White North.



Craft beer is booming, but which provinces have the most breweries, and where is the most growth?

	2014	2015
Newfoundland	n/a	4
New Brunswick	20	30
P.E.I.	n/a	4
Nova Scotia	30	40
Quebec	140	160
Ontario	150	200
Manitoba	n/a	3
Saskatchewan	40	40
Alberta	30	40
British Columbia	100	120
Yukon Territory	n/a	2
N.W.T./Nunavut	n/a	1
Total	520	644

course has plenty of demand. "Our program has been full since we opened up the door," he said.

Stolz said his students are finding plenty of work when they graduate or they are starting their own breweries, too. "Most of them want to work locally and they want to work

in the craft industry," he said. With three weeks of business behind him, Rix said he welcomes new competitors, hoping that any new craft productions will make the whole

industry stronger. "If there are a whole bunch of breweries on the shelf the more likely it is to get someone to stray from their Coors Banquet or Bud Light choice."

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FESTIVAL

Interstellar Rodeo serious about keeping its indie cred



Ryan Tumilty
Metro | Edmonton

As part of our continuing summer series about Edmonton's festivals we examine Interstellar Rodeo.

For its fifth year at the Heritage Amphitheatre, Interstellar Rodeo features Sam Roberts Band, White Horse and The Strumbellas.

Producer Shauna de Cartier explains how the festival came to be and where it's going.

What would you want people to know about Interstellar Rodeo?

One of the cool things about Interstellar Rodeo is that we pair wines with artists. We have asked Gurvinder Bhatia (a wine expert in Edmonton) and so he



Father John Misty performs at the 2015 edition of Interstellar Rodeo. CONTRIBUTED

does that with the spirit of the artists in mind. The entire site is licensed, so you can kick back on the lawns or in your seat and have someone bring you a glass of wine to enjoy with every artist that plays. I think that is a fairly distinctive feature.

What is the history of the festival?

Interstellar Rodeo is produced

by Six Shooter Records, which is my indie record label. So we are really coming at it with the spirit of independent music and music lovers.

We see shows all over the world all the time to bring what we feel is the very best of upcoming artists in the roots, Americana genres and beyond.

Is the festival about exposing people to music they haven't

heard before?

That is one of the most gratifying things about the festival in fact. When the audience experiences a band they have never heard of before and it becomes their new favourite band. We have been able to bring those types of artists to the festival every year. I am always looking for the ones that are going to blow people's minds.

Are there challenges the festival faces going forward?

We don't really. It's our fifth year so we have a saying, "This ain't our first rodeo." We have a really great core group of volunteers who help us operate the festival.

It's a small festival. We have learned that even though the capacity of that venue is 4,000 people, we cap it at 3,000 people so that the experience of the people inside is very chill, very relaxed.

What do you see as the future of the festival?

We can't really grow it beyond the size we are now. There aren't a lot of other places in Edmonton necessarily, so we have figured out how to make it work at this size.

I can't say down the road if we will move it or not. I know Northlands is interested in building some infrastructure and maybe that would work out for us, but it's all just in the ideas stage right now. So for now, we don't have any plans to grow. We just have plans to make it better and better every year.

CHILD WELFARE

Too many native kids in care, says advocate

Alberta's child advocate says seven out of every 10 youngsters in the province's welfare system are aboriginal and big changes are needed to bring those numbers down.

"Things are clearly not working," Del Graff said in a report Tuesday.

"Aboriginal families are struggling when they face challenges related to the safety and well-being of their children. And the child-welfare system in place to help them is not doing it very well."

As of December, there were 6,880 children in care and 4,719 of those were aboriginal, Métis or Inuit.

Graff noted that total numbers have been falling since a peak in 2012, but the ratio has remained constant and is one of the highest in Canada.

He recommended the government make a number of changes, including giving indigenous communities more say and legal authority over how their children are cared for. THE CANADIAN PRESS

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Mega-bar will work with locals

DEVELOPMENT

Proposed pub aims to ease community concerns



The Edmonton company behind a controversial bar being proposed on 104th Street now says it won't exceed 400 seats.

Urban Sparq Hospitality, the company that currently owns and operates the Pint, Knoxville's Tavern and Denizen Hall, along with several other local restaurants and bars across North America, is proposing the new bar for the Fox Tower 2 — at 104th Street and 102nd Avenue.

Brendan Crooks, a manager with the company, said Urban Sparq never intended a 600-seat establishment as was advertised by a development notice that went out



Brendan Crooks, a manager with Urban Sparq Hospitality. KEVIN TUONG/FOR METRO

to community groups and neighbours last week.

"It was a bit misrepresented, the 600 number," he

said. "After design we are going to only get 400 seats in there. It's not a dissimilar size to a lot of existing pubs

downtown."

For comparison, Kelly's Pub on 104th Street holds approximately 160 people

and the Mercer Tavern holds between 200 and 250 people, depending on the configuration.

When Urban Sparq's proposal came to light last week, nearby residents and business owners were concerned it would be out of scale for the area and ruin the character of 104th Street.

Bars in the area are supposed to be limited to 100 seats, but development officers can increase that size.

The decision on Urban Sparq's proposal is in the hands of a city development officer and can be appealed to the subdivision development appeal board, but will not be a council decision.

Crooks said the area is vi-

brant and makes sense for an upscale pub.

"We love the existing area, but we also love Rogers Place," he said. "It's going to be fantastic, so we just want to be a part of it."

Crooks added the company aims to ease concerns by talking with the community and operating the venue with residents in mind.

"We're always listening. We want to team up with the 104th Street business group and make sure we operate responsibly," he said.

If the development were to be approved, Crooks said it would be February of next year before they even had possession of the space and likely late 2017 before the pub would open.

100

Number of seats that bars in the neighbourhood cannot exceed. However, development officers can increase that size.



We're always listening. We want to team up with the 104th Street business group.

Brendan Crooks

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OKANAGAN LAKE

Leduc man looks to break open-water swim record



A Leduc man hopes to break a world record by swimming almost the full length of Okanagan Lake in British Columbia.

And if Wayne Strach, 61, completes his planned 135-kilometre, 55-hour swim — during which he will pause briefly to eat but won't be able to rest — it will be a new record for an unassisted open water swim.

"I originally had planned to do a four-day swim but some way along the way I wanted to try the continuous, someone brought to my attention it would be a world record for distance," Strach said.

In order to be recognized by the World Open Water Swimming Association, Strach's swim will have to follow certain rules: He can't so much as touch as his support boat, wear a wetsuit or be subject to a current.

Strach said he's familiar with the rules at this point, after becoming the oldest Canadian to swim the Eng-

lish Channel last year, which took him 17 hours.

"This is a bigger challenge," he said. "But any open water swim can decide to spit you out and throw you out at any time."

He won't be stung by jellyfish or have to dodge shipping vessels this time, but he anticipates a new challenge in the hot sun the Okanagan is known for.

His back will be exposed for two full days and sunscreen — even the thick grease mixed with sunblock he uses — isn't easy to re-apply in the water.

"A severe sunburn could

be a problem," he said.

But of course the biggest challenge will be finding the strength to keep swimming for two days and two nights.

"That's the thing that nobody is able to help me with," he said. "There's no real way to train for that except to do it, and that's the big question, how long can my body keep going for?"

A lifelong competitive swimmer, Strach said he loves open water swimming for the opportunity to get out into nature.

"You're enjoying the scenery," he said. "It's just enjoyable to be out in the water."



Competitive swimmer Wayne Strach, 61. CONTRIBUTED

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Wynne wants to talk pot with her fellow premiers at meeting

ANNUAL CONFERENCE

Premier plans to ask for counterparts' thoughts

As Canada's provincial and territorial leaders gather for their annual summer conference, Premier Kathleen Wynne wants the inside dope from her colleagues about legalized recreational marijuana.

"I can tell you I'm going to ask people what they're thinking about it," Wynne said.

Her comments come as Prime Minister Justin Trudeau's government prepares to end the prohibition of marijuana.

Trudeau has appointed former deputy prime minister

Anne McLellan to lead a task force of medical and legal experts to consult with provinces, municipalities, and Canadians before releasing a report in November that will serve as the template of next year's legislation.

While marijuana is not on the meeting's formal agenda, Wynne said there will be "opportunities for us in casual conversation."

"I'll certainly be saying, 'How are you guys dealing with this? You know what I'm saying; what are you saying?'"

Here's where some of her fellow premiers stand on the subject of marijuana:

BRITISH COLUMBIA Premier Christy Clark has expressed concern on the effects of weed on children and teenagers.

"We need to make sure that young people whose brains are



Ontario Premier Kathleen Wynne THE CANADIAN PRESS

growing, will not be allowed unfettered access to getting marijuana," Clark told Global News in December. "Just like we have with alcohol ... (if) it's something that government is prepared to endorse and allow, we should make sure that the rules are very clear that we don't want young people to be using it," she said.

NOVA SCOTIA Premier Stephen McNeil's government has a working group examining the issue, including whether weed should be sold at government-owned Nova Scotia Liquor Corporation stores.

"Canadians are asking for it, Canadians believe it's time to have marijuana legalized," McNeil said in April, noting "I'm sure there will be tax revenue, yes."

QUEBEC Premier Philippe Couillard's government, which owns the Société des alcools du Québec monopoly, has said it does not want marijuana sold on SAQ shelves.

Finance Minister Carlos Leitao said in February that they have "no plan, no idea, no intention of commercializing" cannabis.

MANITOBA Premier Brian Pallister said in April that legalization is "a concern for parents, it's a concern for all ... that this be done properly."

SASKATCHEWAN Premier Brad Wall's government, meanwhile, has three of his cabinet ministers studying how legalized weed will affect road safety.

"I don't think we have clear answers on the potential effects on driver safety and what the plan is to prevent impaired driving due to marijuana use," Wall said in May.

"There are still too many accidents and deaths due to drunk drivers and all governments are taking steps to crack down on that. Legalizing marijuana could certainly mean more impaired drivers, which no one wants," he said. TORSTAR NEWS SERVICE

POLITICS

PM to create youth council

Justin Trudeau is asking youths ages 16 to 24 to help shape the future of Canadian policy.

Trudeau unveiled his plans for Prime Minister's Youth Council on Twitter Tuesday in a live question-and-answer session.

"I'm looking forward to showing young people and showing all Canadians that young people's voices and input matter deeply," he said in a video posted on Twitter ahead of the Q&A session.

The non-partisan council, Trudeau's own initiative, will provide input on national issues such as employment, education and climate change. The council will meet with the prime minister in person in October, and again in 2017.

"You can expect that #pmyouthcouncil will be driven by youth themselves, and will cover issues that you say matter," Trudeau said on Twitter.

Online applications begin Friday, and close on Aug. 12. Trudeau said members will be selected for their community involvement and leadership experience, amongst other criteria.

Meetings will be held across the country and participants will be compensated for their time, and travel expenses.

TORSTAR NEWS SERVICE



Justin Trudeau

HEALTH

Canadian-made Zika traps are heading to Rio



Gilbert Ngabo
Metro | Toronto

A team of entrepreneurs based in Toronto is doing its part to ease Zika virus concerns among Olympians headed to Rio.

About 250 biodegradable mosquito traps made by up-start Greenlid have been donated to the Canadian Olympic Committee and will be

placed around areas where the athletes are living and training while in Brazil.

Jackson Wyatt, co-founder of Greenlid, said the goal is to create a "mosquito shield on the perimeter of where our athletes will be."

Wyatt and his brother, Morgan, started producing the paper-based traps about two years ago, out of their passion to eliminate plastics in the fight against mosquitoes.

Since then, they've shipped thousands of traps to Australia where the government uses them to fight off dengue fever.

About 10 other countries are running similar trials, including Brazil, Ecuador, Nigeria, Pakistan and Indonesia.

Each biodegradable trap costs about \$1, which is almost five times cheaper than traditional plastic traps or mosquito nets, Wyatt said.



Morgan Wyatt, Jackson Wyatt and Adil Qawi. LIZ BEDDALL/METRO

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Pokémon Go helping cancer patient stay active

A Toronto woman has incorporated Pokémon Go into her cancer treatment plan.

Sixty-year-old Lisa Freedman, a lawyer, has to walk at least 20 minutes a day to help recover from the radiation used to treat her breast cancer.

But the treatment has left her fatigued. "I have no energy to get off the couch," she said.

And when she did find the energy to go on walks, she said it was boring.

"When I walked, I didn't have a purpose," she said.

So her 22-year-old son told her to download the mobile Pokémon Go app to give her a reason to walk around outside.

The cellphone-based game sends players into the real world to search for digital monsters, who appear on



Lisa Freedman THE CANADIAN PRESS

screen when users hold up their iPhones or Android devices in various locations at various times.

"For the last couple of days

I've been happily walking around the neighbourhood, finding Pokémon," Freedman said.

THE CANADIAN PRESS



Delegates hold signs and celebrate during the second day of the Republican National Convention on Tuesday in Cleveland, Ohio. The convention nominated Donald Trump as their presidential standard-bearer. GETTY IMAGES

Trump nominated amid plagiarism controversy

U.S. ELECTION

Campaign insists no evidence of misconduct

The plagiarism accusations centre on Monday night's well-received speech by Republican nominee Donald Trump's wife, Melania Trump. Two passages — each 30 words or longer — matched a 2008 Democratic convention address by Michelle Obama nearly word-for-word.

Trump's campaign managed only to keep the controversy alive on Day 2 of the convention by insisting there was no evidence of plagiarism, while offering no explanation for how the strikingly similar passages



Passages of Melania Trump's speech matched a 2008 speech by Michelle Obama nearly word for word. AFP/GETTY IMAGES

wound up in Mrs. Trump's address. The matter consumed news coverage from Cleveland, obscuring Mrs. Trump's broader effort to show her husband's softer side.

Democrat Hillary Clinton pounced on the tumult, saying the Republican gathering had so far been "surreal," comparing it to the classic fantasy

film Wizard of Oz.

"When you pull back the curtain, it was just Donald Trump with nothing to offer to the American people," Clinton said.

Top Trump adviser Paul Manafort said the matter had been "totally blown out of proportion."

"They're not even sentences. They're literally phrases. I was impressed somebody did their homework to think that that could be possibly done," Manafort said.

In the midst of the plagiarism allegations, Republicans officially nominated Trump as their presidential standard-bearer, capping the billionaire businessman's stunning takeover of the GOP and propelling him into a November faceoff with Democrat Hillary Clinton.

THE ASSOCIATED PRESS

Oh no, not now

Health officials Tuesday said 11 members of the planning team for the California delegation to the Republican convention were recovering from a bout of norovirus, or what's known as stomach flu. No delegates appeared to be affected. The symptoms, which can include vomiting and diarrhea, were first reported Thursday as logistics members arrived at a hotel about an hour west of Cleveland, said Pete Schade, Erie County health commissioner. Those who got sick are isolated in their rooms, Schade said, and the Ohio Health Department is trying to identify the source.

DAY 2

Gun held to protest 'fascist policies'



All day Tuesday, media swarmed around Micah Naziri, who openly carried an AR-15 assault rifle through the streets.

Naziri said he came to town from his home in Yellow Springs, Ohio, "to protest and oppose Donald Trump's proposed fascist policies."

"The message I want to send is that if anyone attempts to unconstitutionally and illegally create a fascist police state in the United States, they will be

resisted," Naziri said.

While Naziri answered Metro's question, another man badgered him over his head covering, asking if he was a Muslim. Naziri smiled and calmly refused to answer, insisting it was a distraction from the purpose of his protest.

He compared Trump's campaign to Adolf Hitler's in 1932: "His rhetoric was very much like Trump's and in the beginning no one took him seriously."

"There are such large numbers of Trump supporters saying awful things about depriving large groups of people of their constitutional and human rights," he said. "This is something that should be bothering anyone who believes in freedom."



Micah Naziri says if anyone attempts to create a fascist police state in the U.S., "they will be resisted." STEVEN GOETZ/FOR METRO



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metr VIEWS

Your essential daily news

Wednesday, July 20, 2016

ROSEMARY WESTWOOD ON MELANIA'S PERFORMANCE

Spousal speeches are intended to humanize candidates. But Donald Trump is committed to a singular, flat caricature. Depth is the antithesis. Humanizing him is the exact opposite of the goal.

It was either 24 hours of a hot Melania mess, or one more checked box for the Trump campaign.

Either Melania Trump has been humiliated after her Republican convention speech echoed, at times word for word, sections of Michelle Obama's historic 2008 endorsement of her husband, or her speech had more in common with My Little Pony (according to a Republican party strategist) and, anyway, she "hit it out of the park," according to Trump's chief campaign strategist, who may or may not have been responsible for the speech.

Plagiarism allegations aside, Melania Trump offered a relatively flawless execution. Pundits and news outlets politely did not mention the occasional misuse of English. Many seemed careful — if not keen — to help Melania save face for mispronunciations she can't help, while giving a speech she was loath to make.

Nothing's gained from pointing out a few misplaced S's, they calculated. But then again, many pundits suggested nearly nothing at all was gained from the speech. It floated along with empty phrases ("he loves this country so much"), instead of feeding the expectation that we might learn anything interesting or intimate at all about Melania or her husband.

Spousal speeches are intended to humanize candidates, like an exclusive interview with People magazine (You might be surprised to hear it, but Mr. Hotstuff simply hates kale!), and pun-

its weren't feeling they got enough tidbits about Trump's morning bed hair or that one special moment when the facade fell down and he seemed vulnerably human.

But that should not surprise us. As we learned again this week from Trump's The Art of the Deal ghostwriter, Tony Schwartz, Trump adores the strongman image. He's

"Women for Trump" event Monday, in which speakers were forced to ask themselves questions because the turnout was so low.

It may have worked. As reported by Julia Ioffe in Politico magazine, Republican women ate Melania right up. They loved the dress, they loved her "elegance." They hate Michelle Obama — in-



ACCORDING TO PLAN Melania Trump waves after addressing delegates as her husband, Republican presidential candidate Donald Trump, applauds during the Republican National Convention on Monday. THE ASSOCIATED PRESS

obsessed with the attention, and the myth. He's committed to a singular, flat caricature. Depth is the antithesis. Humanizing him is the exact opposite of the goal.

It's also doubtful that "Men for Trump" (an actual campaign button sported at the convention) need to see a human, anyways. The demonstrably false image of an omniscient, unimpeachable, and alpha male demagogue seems to be selling just fine.

But women are viewed differently. They are seen to need some kind of soft touch, and given Trump's abysmal polling among that half of Americans, Melania was also expected to help bring the ladies on board. This goal makes further sense given the

sight that was offered without prompting from Ioffe — and were glad to think that, under Melania, "the White House will go back to what it used to be." Besides being beautiful, one cooed, "she's submissive to her husband." Their comments about an outspoken, inelegant Michelle were more subtle examples of the racism and xenophobia on display through the convention's first day, a hum of joyous anger where delegates treated various speakers' anti-immigrant and anti-Islam messages like scripture.

But the darkest atmosphere descended upon mention of one name: Hillary Clinton. It was a viscous sound. Deep and rumbling. Even across the airwaves into a Canadian

apartment, it gave me chills. Imagine being hated that much, I thought. The crowd sounded bloodthirsty, as if, were Clinton to actually arrive, all hell literally could break loose. At its height, a mother of an American government staffer killed in the Benghazi attack whipped up calls for Clinton's imprisonment. And when the plagiarism accusations took over the news cycle Tuesday, it was Clinton who many blamed for seeding the story.

That, of course, is silly. But no Trump fan would mind. What the Melania-speech scandal shows is exactly what we should have learned by now: The narrative, not the truth, is what drives Donald Trump's presidency bid. A sexy, subservient and substanceless Melania suits the 1950s-white-America nostalgia of Trump's campaign just fine.

Clinton is a perfect target for their teeth-gnashing both because she advocates for all the progressive changes wrought since then, and also because she's strong-armed her way out of that traditional wifely role. The sexism that haunted her 2008 bid has gone nowhere. It's actually quite at home — even amplified — in Cleveland. There, hating her for Benghazi hit ludicrous heights, because she's doubly hated as a woman who's defied her traditional role.

This convention has already been dubbed a "horror show" of D-list celebrity speeches, failed insurrections and plagiarism. But that's by people who it was never meant to entertain.

The true unknown in this election is the size of the nominee's target market: those who are susceptible to Trump's messaging, to his persona, to his empty promises. This whole week will be about them.

And that's what makes it all so frighteningly grave.



Bring home Canadian man trapped in Egypt

John Greyson

Mohamed Fahmy

Tarek Loubani

All three of us have spent substantial time in Egypt's most notorious prisons among thousands of people arbitrarily detained — activists, journalists and regular citizens, Egyptian and non-Egyptian. Tireless advocacy and political lobbying finally helped bring us home, but we left behind those who weren't as lucky.

One of those prisoners is Canadian permanent resident Khaled Al-Qazzaz, a philanthropist, educator, husband and father, whose wife and four children are all Canadian citizens, and who now faces life-threatening injuries as a result of his imprisonment. We believe that the Liberal government under Prime Minister Justin Trudeau can bring him and his family home.

Like many people who are arbitrarily detained, Khaled was not charged with a crime. He was arrested in 2013 and spent hundreds of days in solitary confinement. He was kept in the adjacent cell to Mohamed Fahmy, a journalist with Al Jazeera at the time. As Khaled will surely tell you, it's the sheer physical loneliness that's toughest to deal with, the feeling of being cut off from family and friends. He and Mohamed tried their best to console each other as they dealt with this feeling.

An international campaign, spearheaded by his wife, Sarah, and amplified by thousands of supporters, finally managed to force the Egyptians to release Khaled in late 2014. Khaled's children, excited to see their father after years apart, travelled with their mother to Egypt. The first priority: to get Khaled to a Canadian hospital, where he could finally be treated for a

life-threatening spinal ailment acquired in prison.

The family finally got to the Cairo airport, hoping to fly to Canada together, only to be told by Egyptian officials that Khaled is on the country's no-fly list. Sarah and her kids can leave, but Khaled has to stay. Devastated, they all chose to remain in Cairo. The Egyptian authorities confiscated the money Sarah saved for her husband's spinal treatment, and even froze the family's business assets in Egypt, leaving them financially crippled.

We ask that Prime Minister Trudeau put himself in Khaled's position. What would he do? Would he choose to keep his family close and live under constant threat or would he choose to send his family back home and be cut off from them yet again?

The prime minister can end this nightmare by making a call to President Abdel Fattah el-Sisi. Yet the prime minister has delegated his responsibility to his junior ministers. Why? Releasing us did not hurt Canada-Egypt relations. Releasing Khaled won't either.

Trudeau has not brought Khaled home, though he has announced \$30 million in grants to Egypt with millions more to come.

Khaled and his family can get home if our prime minister makes the call.

John Greyson is an associate professor at York University

Mohamed Fahmy is a Canadian-Egyptian journalist

Tarek Loubani is a physician

All three were held in Egyptian jails without just cause.

A sexy, subservient and substanceless Melania suits the 1950s-white-America nostalgia of Trump's campaign just fine.

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Women who are 'lager' than life

GENDER ISSUES

Females fighting for place on craft brewing scene

There's no doubt about it — the craft beer industry is booming. The number of licensed breweries in Canada has grown 70 per cent over the past five years. Craft beer sales in Ontario have more than doubled in the same timeframe. In B.C., sales have tripled.

However, even with the boom, there are few women working in the industry, particularly as brewers and in positions of leadership.

And, no, it's not because men drink all of the beer. Women account for 30 to 40 per cent of craft beer consumption. Plus, historically, beer was almost solely produced and sold by women. It wasn't until the Industrial Revolution, when financial opportunities were realized, that the industry shifted.

During a recent craft brewers' panel discussion, Ellen Bounsell, one of the founders of McAuslan Brewing in Montreal said only two women in Canada were involved in brewing when the craft beer industry started in the '80s.

And while there are no hard statistics about the number of women working in the industry



Erin Kloos, brewer at Grand River Brewing in Cambridge, Ont. says like in many professions, women have to work harder to break into the craft brewing industry. KATHERINE WISSEZ

in Canada today, it does appear to be slowly on the rise.

CBC recently reported three female head brewers in B.C., of 120 craft breweries. Niagara College offers a brewing program where eight to 22 per cent of the students are female each year.

So, while there are no longer just two female brewers in Canada, the industry is still male

dominated.

"I think you have to acknowledge that there are disparities between men and women in the brewing world," says Erin Kloos, brewer at Grand River Brewing in Cambridge. "You see it everywhere in society, women have had to work harder to break into sports, politics, business and essentially every other field,

so what would make the beer industry any different?"

Being a woman working in a "man's world" has its share of challenges. Kloos says she's gone to brew planning meetings where the immediate opinions are "to go light, fruity, figure-fitting and spritzzy" when creating something for female consumers. "Most of the beer-drinking

women I know, love and appreciate the darkest, hoppiest, booziest stuff we've got," she says.

However, the problems don't stop there. Female brewers have shared stories on everything from inappropriate jokes and sexual propositions to not receiving the same respect and acknowledgement in the workplace as their male counterparts.

Garnet Siddall, president of Side Launch Brewing in Collingwood and vice chair of Ontario Craft Brewers acknowledges there has been limited progress made so far. "The women that have joined have done so because they love the industry despite the issues in it," she says. "Any progress has come because of the individuals who have forged their way bravely into the mix. And they haven't always had a warm welcome."

Ken Beattie, executive director of the B.C. Craft Brewers Guild, which is run by an entire male board, declined to comment, but offered several names of B.C. female brewers.

However, the women working in the craft beer industry have recognized the need to support their peers and have created various groups and events to do so, such as International Women's Collaboration Brew Day, Barley's Angels and the Society of Beer Drinking Ladies.

The association of Ontario Craft Brewers is also developing

KLOOS' PICKS

"I'm a huge fan of **Steamworks**, headed by Julia Hanlon out in Vancouver," says Kloos. "Not only for the awesome recipes she has developed, but also for the atmosphere in the brewery."

"Nicole Hynes from **Sweetgrass Brewing** in Toronto is developing some delightfully current brews," says Kloos. She's also a fan of **Side Launch** and **Garrison Brewing Co.** in Halifax.

a strategy to support women in the industry. "We need to address the issue, admit there is one and collect some basic data. We need a baseline from which to measure our progress," says Siddall.

"Then we need to figure out what the specific problems are. Marketing? Hiring? Education? Work environments? What exactly is it that is preventing women from entering the field that they created? Once that basic legwork is done then we can begin to address them."

"Very basic stuff, but we have to start somewhere."

TORSTAR NEWS SERVICE

RECIPE

Keep your cool this summer with quick-cooking vermicelli

Your city keeps issuing heat alerts. You want something that won't heat up your tiny kitchen — filling, but light enough that it won't make you sleepier than the heat does.

This quick vermicelli dish is for you.

These thin noodles made from rice are a staple at Asian grocers, but large supermarkets stock them to appeal to the Asian population (as well as the gluten-free crowd).

The noodles come in different shapes, from the broad, flat noodle used in pho to the thin, hairlike strands used in stir-frys. It's the latter that you want for this recipe.

These thin noodles take just a minute or two to cook when submerged in hot water, meaning minimal cooking time.

When tender, rinse the noodles

under cold running water to stop the cooking process and turn them into a cold dish. Toss noodles in whatever vegetables you have, firm tofu cubes (seared or cold), fresh mint leaves to give it a cool herbal note, and a splash of sweet chili sauce for flavour.

Match the delicate texture of the rice noodles by shredding or slicing vegetables very thinly and by dicing the tofu into small cubes.

This way, every bite will have equal parts noodle, vegetable and protein rather than a big hunk of carrot with a few strands of vermicelli hanging off it.

Cold vermicelli with tofu and vegetables

Serves 1

Make this on a hot evening after



You can toss this dinner together, no sweat. TORSTAR NEWS SERVICE

a long day at work, or scale up the recipe and a colourful array of vegetables, proteins and herbs for a beautiful and tasty group meal.

Ingredients:

- 1 handful dried thin rice noodles (vermicelli)
- 1 tsp (5 mL) olive oil
- 1 cup (250 mL) bite-sized firm tofu cubes
- Salt and pepper, to taste
- 1/2 cup (125 mL) chopped

green beans

- Sweet chili sauce, to taste
- 1/4 cup (60 mL) grated carrot
- 5 to 6 cherry or grape tomatoes, halved
- 1/2 avocado thinly sliced
- Fresh mint leaves, to garnish

Directions:

1. In a large heatproof bowl, submerge rice noodles in boiling water, swirling noodles until tender, about 1 minute. Drain and rinse under cold water, making sure strands don't stick together. Set aside.

2. In a medium skillet over medium-high heat, heat oil. Sauté tofu cubes and green beans until both start turning golden brown.

3. In a serving bowl, toss tofu and beans with noodles, chili

sauce, carrot and tomatoes. Season with salt and pepper to taste. Top with avocado and mint. Serve immediately.

Alternative herbs: If fresh mint isn't available, try basil and cilantro as they match the Thai flavours of the sweet chili sauce. Just make sure to chop the herbs finely if the leaves are really big.

More topping ideas: Treat the noodles as a base and the rest is up to you. Opt for crunchy vegetables to contrast the texture of the soft noodles: grated raw beet, zucchini ribbons, chopped green onion, diced peppers. Peanuts and cashews also add crunch and a nuttiness that complements the sauce.

TORSTAR NEWS SERVICE

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Bill Maher takes aim at conventions

POLITICS

Host adds new slots this week and next for U.S. nominations

When did Bill Maher hatch the idea for special Real Time broadcasts during the political conventions?

"Maybe when Donald Trump began talking about riots," Maher replies with a puckish grin.

That was way back in March, when the now-presumptive GOP presidential nominee warned of riots at the convention if any efforts arose to snatch the nomination from him.

Such a thing now seems unlikely, but this week's Republican convention in Cleveland, followed by next week's Democratic shindig in Philadelphia, still promise to be "crazier and more outrageous and more interesting than ever," says Maher, almost smacking his lips.

No wonder he's supplementing his weekly Real Time hour (Fridays at 10 p.m. EDT on HBO) with half-hour pop-ups tonight and tomorrow as well as July 27 and 28 for a rapid response to each night's goings-on.

Also available to non-HBO subscribers by live-streaming on the Real Time YouTube channel, each edition will include a monologue as well as Maher's signature New Rules commentary and, in between, discourse led by Maher with his in-studio guests (Tonight it will include documentary filmmaker Michael Moore, political correspondent Joy Reid and advice columnist Dan Savage; on Thursday, economic equality advocate Heather McGhee, California Lt. Gov. Gavin Newsom and economist Robert Reich).

Each program is scheduled to air live at 11 p.m. EDT — that is, unless significant stuff is still happening: "You can't interrupt a riot," Maher cracks.

He isn't the only observer who will cast a special comic eye on the proceedings.



Bill Maher will supplement his Real Time hour with half-hour pop-ups tonight and tomorrow as well as July 27 and 28. CONTRIBUTED

• Comedy Central's Trevor Noah is originating The Daily Show from Cleveland's Breen Center for the Performing Arts this week at 11 p.m. EDT and next week from the University of Pennsylvania.

• CBS' The Late Show with Stephen Colbert (11:35 p.m. EDT) will broadcast live from its New York studio with teams on-site at each convention delivering reports. (Each week of live shows will be specially themed: The 2016 Trumppublican Donational Convention and The 2016 Democratic National Convincing.)

• TBS' Full Frontal with Samantha Bee* (Mondays at 10:30 p.m. EDT) presents a road-to-Cleveland special interviewing regular

FIRST LADY SINGS

Corden, Obama ready for their Karaoke joyride

Michelle Obama's Carpool Karaoke joyride with James Corden will air Wednesday on the late-night host's CBS show.

The U.S. first lady and Corden sing "This Is For My Girls," described as a "girl power anthem" intended to promote full access to education worldwide. THE ASSOCIATED PRESS

Americans along the way. It airs tonight at 10:30 p.m. EDT, with hopes for another special pegged to the Democrats' convention. THE ASSOCIATED PRESS

JOHANNA SCHNELLER WHAT I'M WATCHING

With Trump, it's now too serious for jokes

THE SHOW: Late Show with Stephen Colbert, July 18, 2016 (CBS)
THE MOMENT: Jon Stewart's cameo

Host Stephen Colbert knocks on the door of a remote cabin. A bearded Jon Stewart answers. "You will not believe who the Republican nominee is," Colbert says, as Stewart takes a sip of tea. "Trump."

Stewart's spit take hits Colbert's face. "The guy who filed for bankruptcy in '91?" He asks. "And '92, and 2004, and 2009? That guy?"

"Same guy," Colbert says. "The guy who looks like an angry creamsicle."

"Decomposing Jack O'Lantern," Stewart says.

Colbert nods. "The guy who said, and I quote, 'I have black guys counting my money. I hate it. The only guys I want counting my money are short guys that wear yamulkes all day.' So you can see why I'm here."

Stewart fetches Colbert's former persona from The Colbert Report. He does his own spit take at the word "Trump." After a commercial, Former Stephen



Jon Stewart and Stephen Colbert polish off their old personas this week on the Late Show, but it doesn't hold up. CONTRIBUTED

enters the CBS studio on a gold chariot borne by buff, shirtless Uncle Sam's, and riffs on the word "Trumpiness."

It should be comforting to see Stewart and Colbert back in form. Instead, it made me feel slightly ill.

Because day one of the U.S. Republican convention was a sickening affair, beginning with racial insults and ending with Melania Trump's plagiarized

speech. Stewart and Colbert's old personas don't hold up, because it feels too late for jokes now. The divide between the issues of the world and Trump's inadequacy to handle them is too serious.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

TV BRIEF

Making a Murderer gets new episodes

Netflix has announced producers are working on new episodes of Making a Murderer. These episodes will focus on the post-conviction process of convicted murderer Steven Avery. METRO

+ CORRECTION

An article on dating while HIV positive in the July 19, 2016, edition of Metro stated that the drug Truvada is not approved in Canada for HIV prevention. Truvada, a type of PrEP (Pre-exposure prophylaxis) was approved for this use in February 2016. METRO

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REVIEW

Already handsome sedan ups its game



Some people will tell you midsize sedans don't sell anymore; that they're a dying breed pushed aside by the popularity of the crossover.

Those people are what I like to call "wrong." Sure, crossovers are a big deal these days, but midsize sedans are nothing to scoff at either, with close to three million sold in North America each year.

Which brings us to the 2016 Mazda6. It's not the newest midsize sedan on the market, but it may still hold the title as the best looking — and one of the best in the business.

It's rare that a design language translates so well to so many different forms, but Mazda has accomplished that with its current lineup. Park the 6 alongside any other model in Mazda's stable and the family ties are immediately evident. The few character lines the sedan does have tie in nicely with its muscular shoulders.

Little has been done to the exterior of Mazda's flagship sedan for 2016, save for a revised grille design, while cars in GT trim, like our tester, add LED headlights, fog lights and grille illumination, but the changes only add to

the esthetic appeal of an already handsome sedan.

Of all the cars in the midsize segment, the Mazda6's interior, at least in GT trim, comes closest to encroaching on premium car territory. And it's inside where the most work has been done for this model year, with a host of changes made to improve the cabin's feel and function.

Mazda's Heads-Up Cockpit concept is executed to perfection here, with a driver-focused interior that puts all the controls well within view and reach. The in-dash infotainment screen has been replaced with a freestanding unit à la Audi and Mercedes-Benz, lowering the height of the dash, while the move to an electronic parking brake, a first for Mazda, cuts down on console clutter and makes room for what matters. And what matters is the new infotainment control knob, which proves easy to use while driving, though its functionality is wisely — though at times frustratingly — limited while the vehicle is in motion.

To describe the Mazda6's drive as engaging tells only part of the story. The chassis is nice and stiff and the suspension borders on sporty, but it's pliable enough to make for a comfortable ride.

The only engine available is a 2.5-litre four-cylinder, which is a bit disappointing considering what the 6 could be with a larger engine — and considering the class-leading Honda Accord is available with a V6 available under the hood.

Overall though, the Mazda6 Grand Touring hits all the marks that are sure to keep this segment rolling along for years to come.

THE CHECKLIST | 2016 MAZDA6

THE BASICS

Engine: 2.5L turbocharged four-cylinder
Power: 184 hp, 275 kg/m
Transmission: Six-speed manual; six-speed automatic
Fuel Economy: 8.5 L/100 km city, 5.9 L/100 km hwy (automatic w/i-ELOOP)
Price: \$37,390 (as tested)



LOVE IT

- Impressive cabin quietness
- Upmarket interior feel
- Sharp-looking exterior design

LEAVE IT

- Underpowered engine
- Regenerative braking system
- Lack of Android Auto/Apple CarPlay

ALL PHOTOS CONTRIBUTED



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Big cat hunts for trouble

CROSS PROMOTION

Jaguar XF goes tornado chasing

Jaguar has teamed up with a U.S.-based tornado chaser, sending him into the thick of things with a new Jaguar XF. "Tornado Tim" Baker was given an XF for a late-season chase that led him on a 3,220-kilometre long expedition across seven different states until he eventually caught up with a category EF 0 (97 to 113 km/h winds) tornado, about two hours outside of Chicago. "It took us a while to track one down, but when the weather map delivered, the car did too," said Baker. "The navigation and in-car Wi-Fi, which allowed us to connect our multiple devices, worked brilliantly in the chase. The all-wheel-drive capability was also excellent as we travelled through rain and floods on loose gravel roads," he said.

STEPHEN ELMER/AUTOGUIDE.COM



It's all about the experience.



GM

Workers may get robot glove

General Motors wants to be the first company to test a new robotic glove that should help factory workers assemble cars by reducing grip fatigue. GM has licensed its RoboGlove technology to a Swedish medical technology company called Bioservo Technologies. The original RoboGlove, which was developed by GM and NASA, took nine years to create and was sent into space in 2011.

STEPHEN ELMER/AUTOGUIDE.COM

BMW13

'Spaghetti Car' as ridiculous as it sounds

BMW and longtime partner Toilet Paper have created the BMW i3 "Spaghetti Car." The German automaker was quick to clarify that the BMW i3 Spaghetti Car isn't an official BMW Art Car, and will be destroyed sometime after the Rencontres d'Arles Festival of Photography that runs until Sept. 25. Toilet Paper is a bi-annual avantgarde picture-based publication and brand created by artist Maurizio Cattelan, and together with Pierpaolo Ferrari, the BMW i3 Spaghetti Car was born.

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STEP UP TO ROGUE
SPECIAL EDITION SV FWD



SL AWD Premium
model shown*

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What Koenigsegg staff drive

WORKPLACES

Swedish supercar superstars show appreciation

Stephen Elmer
AutoGuide.com



Koenigsegg builds some of the fastest and most meticulously constructed cars on the planet, but what do they drive home after a long day at work?

Koenigsegg staff recently gathered for a family day where they were invited to bring their loved ones and prized vehicles to show off. As you may expect, it is clear that a lot of workers at the Swedish supercar company are passionate about automobiles based on what they choose to drive. And no, they're not all Saabs!

A love



Koenigsegg CEO Christian Von Koenigsegg loves his Tesla Model S.

for American muscle is clearly shared among the Swedish workers, who brought a 1969 Camaro SS, a last-generation Mustang, a Ram 1500 and even an older Mercury. More than a few of the cars are custom tuned as well, with one employee sporting a Nissan 200SX with more than one horsepower per kilogram.

And if you're wondering what CEO Christian Von Koenigsegg drives, he's on record gushing about his Tesla Model S and how he thinks it's better than the BMW M5.

CUSTOM CAR

Easily one of the best custom upgrades seen was a kid's toy turned car carpet, installed in a nice-looking Opel Kadett.



Koenigsegg staff recently gathered for a family day where they were invited to bring their loved ones and prized vehicles to show off. CONTRIBUTED

+ IN BRIEF

Ariel Atom eyes hybrid powertrain from Acura NSX

The head of Ariel, Simon Saunders, recently spoke about next-generation Atom models and how the British automaker plans to keep up with changing times. Saunders confirmed in the past that Ariel had investigated the possibility of using hybrid powertrains from Honda, but discovered that none were powerful enough, until now.

With the introduction of the NSX and its new hybrid setup, Ariel sees possibilities for its small track terror.

Saunders also believes that the powertrain will become more affordable once Honda adopts the technology throughout its range of vehicles.

"The technology in the NSX is cutting-edge and expensive, but it will work its way down the food chain to the hot hatches," he said. "At that point, it becomes achievable for us to use in the Atom."

JASON SIU/AUTOGUIDE.COM

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A world of culture

Festival brings diverse communities together

The local community plays a crucial element in the annual Servus Heritage Festival, and reaching out to its members in creative ways is a top priority.

Now, organizers of the festival, which runs on the August long weekend in Hawrelak Park, are hoping a new community outreach program will bring about more partnerships. The Edmonton Heritage Festival Association has teamed up this year with The Needle Vinyl Tavern and Edmonton Culture for the first ever Discover the World Concert Series — five nights of cultural music held prior to and in conjunction with the festival.

"This initiative allows people a chance to see how culture permeates all of our lives, in so many areas that we may not think of, and as a result, how diversity enriches our experiences," says festival office manager Megan Gauthier.



CONTRIBUTED

While the initiative allows the festival to cater to a different demographic, it's not the only way that lasting partnerships have been established with different facets of the community.

Servus Heritage Festival also features 67 non-profit cultural pavilions that rely on the event as a major funding opportunity. For the Netherlands-themed cultural pavilion, for

example, the festival is one of their biggest fundraisers of the year, according to pavilion chair Emmy Diamond.

"It's great for us — there's nothing we could do within our own groups to get the kind of traffic the festival can generate," she says. "It's a great festival for the city."

While the fundraising opportunities are there, other groups like the Arab Heritage

How the festival gives back

As a registered charity, The Servus Heritage Festival raises funds for Edmonton's cultural societies. "For every dollar that is spent on food at a pavilion at Heritage Festival, 85 cents goes to the cultural group that runs the pavilion," says festival director Jim Gibbon. "Last year, over \$2.5 million was raised and distributed between the 60-plus organizations. We're really proud of the way we are able to give back to the community."

Association focus more on educating the public, says chairperson Yazan Haymour.

"We look at it from an educational understanding and promote the history of our culture. It's a great way to provide an introduction," he says.

The first two shows in the Discover the World Music Series on July 20 and July 22 will be Latin-themed. Attendees will have a chance to win one of two sheets of food tickets as well as tickets to the following performances on July 29 and 30, ending with a July 31 performance by Grammy winner Jon Cleary and the Absolute Monster. Tickets and more information are available at yeglive.ca.



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metr SPORTS

The San Francisco Giants have signed former Jays pitcher Kyle Drabek to a minor-league deal with the intention of auditioning him as a shortstop

5 STAR ATHLETES WHO COULD MISS OUT

Russia is facing a possible ban from next month's Olympics in Rio de Janeiro for its repeated doping scandals. If the ban is imposed, it would shake up the medal standings. Here are five Russian stars whose absences would be greatly felt:

1 Nataliya Ishchenko

With three Olympic and 19 world championship gold medals to her name, Ishchenko typifies Russia's total domination of synchronized swimming — it's won every Olympic event this century.



If no Russians compete in Rio, China and Spain would fight for the two gold medals on offer.

2 Yelena Isinbayeva

The world record holder in the pole vault and a two-time Olympic gold medalist, Isinbayeva would compete at her fifth games in Rio, but she faces extra obstacles to get there. Russia's track and field team is already banned from the games due to widespread doping, and Isinbayeva's hopes rest on a successful appeal at the Court of Arbitration for Sport.



3 Aliya Mustafina

She led the Russian gymnastics team which narrowly failed to beat the U.S. to gold in the women's all-around in 2012 and also won individual gold in the uneven bars. While Mustafina has been plagued by injuries since, she bounced back with two European championship gold medals last month. Russia has arguably the world's richest tradition of excellence in gymnastics, and if its athletes aren't in Rio, the U.S. and China will benefit in the medal table.



THE ASSOCIATED PRESS
PHOTOS BY GETTY IMAGES

4 Yulia Efimova

One of the world's top breaststroke sprinters, Efimova spearheads the Russian swim team for Rio despite previous brushes with the anti-doping authorities. She bounced back from a drug ban to win 100-metre gold at last year's world championships in a fiercely competitive race with her longtime rival, Lithuanian teenager Ruta Meilutyte. Efimova missed four months this season after testing positive for meldonium.



5 Maxim Mikhaylov

Top scorer when Russia won the men's volleyball competition at London 2012, Mikhaylov would be a formidable opponent in Rio. Host nation Brazil had to settle for silver four years ago but is fired up for a gold medal in front of its home crowd.



GOLF

DeLaet hungry to bring medals home

There was a time when Graham DeLaet thought he would never be able to represent his country on the Olympic stage.

Now DeLaet will be part of a Canadian team brimming with potential when golf makes its Olympic return at the Rio de Janeiro Games following a 112-year absence.

The Canadian Olympic Committee and Golf Canada officially introduced the Olympic golf team Tuesday in Oakville, Ont. DeLaet will join a potent squad including 18-year-old phenom Brooke Henderson, David Hearn and Alena Sharp.

"Up until a few years ago I never really thought I'd ever have the chance to be an Olympian," said a smiling DeLaet. "Even just saying that and the closer and

1904

Golf was played at the 1900 Paris Games and again in St. Louis in 1904. It was supposed to be an Olympic competition at the 1908 London Games, but when organizers couldn't agree on the format of play it was dropped from the slate, not to reappear for over a century.

closer we get to Rio the more it's kind of sinking in. It's a pretty special opportunity, there's no question.

"Both David and I and Brooke and Alena, we want to bring back some hardware." THE CANADIAN PRESS

WWE

Ex-wrestlers file concussion lawsuit

More than 50 former professional wrestlers sued World Wrestling Entertainment Inc., saying the company is responsible for repeated head trauma including concussions they suffered in the ring that led to long-term neurological damage.

Jimmy "Superfly" Snuka, Joseph "Road Warrior Animal" Laurinaitis and Paul "Mr. Wonderful" Orndorff are among the plaintiffs who filed the lawsuit Monday in federal court in Connecticut. The lawsuit also names WWE chairman Vince McMahon as a defendant. Stamford-based WWE denies the allegations.

Last month, the 73-year-old Snuka was found mentally incompetent to stand trial in the

+ CHOREOGRAPHY

Unlike other sports including football and hockey where players have suffered similar injuries, WWE matches involve specific moves scripted and choreographed by the WWE — thus making the company directly responsible for wrestlers' injuries, according to the lawsuit.

1983 death of his girlfriend near Allentown, Pa. His defence partly blames head trauma he suffered in the ring. THE ASSOCIATED PRESS

OLYMPICS

IOC reviews legal options on Russian ban

With just over two weeks until the opening ceremony, Russia still doesn't know whether its athletes — all or even some — will be competing in the Olympics in Rio de Janeiro. It may all come down to the lawyers.

While the IOC decided Tuesday to ban from the Rio Games all Russian Sports Ministry officials and other administrators implicated in allegations of a state-run doping program, it delayed a ruling on whether to take the unprecedented step of barring the entire Russian Olympic team.

The International Olympic

Committee said it "will explore the legal options with regard to a collective ban of all Russian athletes for the Olympic Games 2016 versus the rights to individual justice."

The IOC has also said it could let individual international sports federations decide on whether to ban Russians from their events in Rio, just as the

IAAF has done by ruling track and field athletes from the Games. The 28 international federations that govern the individual sports at the summer games have made clear that they do not support a blanket ban.

The IOC's legal options may become clearer after Thursday, when the highest court in sports will rule on an appeal by 68

Russian track and field athletes seeking to overturn their ban from the Games.

Two-time Olympic pole vault champion Yelena Isinbayeva was among those arguing the Russian track and field team's case Tuesday in Geneva at the Court of Arbitration for Sport. Should the court rule Thursday in their favour, it would seemingly rule out the chance of the IOC imposing a blanket ban.

If the court upholds the IAAF's exclusion of the track athletes, however, that would keep the possibility of a total ban in play. THE ASSOCIATED PRESS



The Olympic movement, which is a tremendous force for uniting humanity, once again could find itself on the brink of division.

Russian President Vladimir Putin



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Red Sox DH David Ortiz belts a three-run homer on Tuesday. MADDIE MEYER/GETTY IMAGES

David slays Giants

MLB

Ortiz supplies plenty of ammo as Boston's Sox blank San Fran

TUESDAY in Boston

4 0
RED SOX GIANTS

David Ortiz hit a three-run homer and Rick Porcello remained unbeaten at home as the Boston Red Sox beat the struggling San Francisco Giants 4-0 on Tuesday night.

Brock Holt also homered for the Red Sox, who won for the seventh time in eight games despite a strong start by former teammate Jake Peavy.

San Francisco remained winless since the all-star break with its fourth straight loss. The Giants had just five hits and only three runners advanced beyond first base.

Porcello (12-2) scattered

four hits over 6-1/3 innings, striking out three and walking two while improving to 9-0 at home. Porcello settled down after allowing singles to the first two batters he faced.

Porcello ended up striking out the side in the first and the Giants had two hits over the next five innings. Porcello left after walking Jarrett Parker with one out in the seventh. Reliever Robbie Ross got a quick double play to end the threat.

Peavy (5-8), a key member of Boston's 2013 World Series champions, struck out six over six innings and held his former

teammates to three hits, but two left the park.

Holt's solo homer to centre in the third was Boston's first hit and the Red Sox tacked on three more runs when Peavy faced Ortiz in the fourth.

Dustin Pedroia led off with a walk and Xander Bogaerts followed with a single, setting up Ortiz's shot to right that cleared the bullpen and several rows of seats before finally landing.

It was the 23rd homer of the season for Ortiz and the 526th of his career. THE ASSOCIATED PRESS

526

Ortiz's home run Tuesday was the 526th of his career.

IN BRIEF

Mets hang on to beat Cubs

Jeury Familia escaped a bases-loaded jam with a game-ending double play after Rene Rivera drove in the tiebreaking run with two outs in the top of the ninth, lifting the New York Mets over the Chicago Cubs 2-1 on Tuesday night.

Rivera had the third single in the ninth — following hits by Loney and Asdrubal Cabrera — off Hector Rondon as the Mets beat the Cubs for the fifth time in six games after sweeping them in last year's NLCS. THE ASSOCIATED PRESS

Bautista all set to begin rehab stint

Toronto slugger Jose Bautista is expected to begin a rehab assignment on Wednesday and could rejoin the Blue Jays when they open a three-game interleague series at home against San Diego on Monday.

Bautista, out since June 16 with turf toe, will play for Class A Dunedin on Wednesday and play three games with Triple-A Buffalo over the weekend.

"If all's good, you'll probably see him Monday I would guess," manager John Gibbons said on Tuesday night. In 65 games this season, the



Jose Bautista
GETTY IMAGES

35-year-old Bautista is batting .230 with 12 home runs and 41 RBIs.

Gibbons said Bautista will be the designated hitter in some games as well as his customary position in right field. THE ASSOCIATED PRESS

Go to metronews.ca for coverage of Tuesday's Blue Jays-Diamondbacks game

RECIPE Salmon and Zucchini Skewers



PHOTO: MAYA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

Rich, Asian flavours elevate this simple and healthy meal to something elegant enough to serve to guests.

Ready in
Prep time: 25 minutes
Total time: 35 minutes

Ingredients

- 1 tsp grated ginger
- 1/4 cup soy sauce
- 2 Tbsp rice wine vinegar
- 1 Tbsp sesame oil
- 3 filets of salmon
- 2 or 3 small zucchinis

Directions

1. Soak wooden skewers in water for at least 20 minutes.

2. Whisk together the ginger, soy, vinegar and sesame oil. Place salmon filets in the marinade for 20 minutes

3. Remove the salmon from the marinade and cut the filets into chunks — maybe 1 x 2 inches — and set aside. Slice the zucchini into rings and toss in the marinade quickly. Thread the fish and veggies onto the wooden skewers.

4. Preheat your grill or grill pan to medium high and wipe the grill with oil. Place the skewers over the heat and give each side about three minutes before turning. Serve these skewers over steamed rice or a bed of greens.

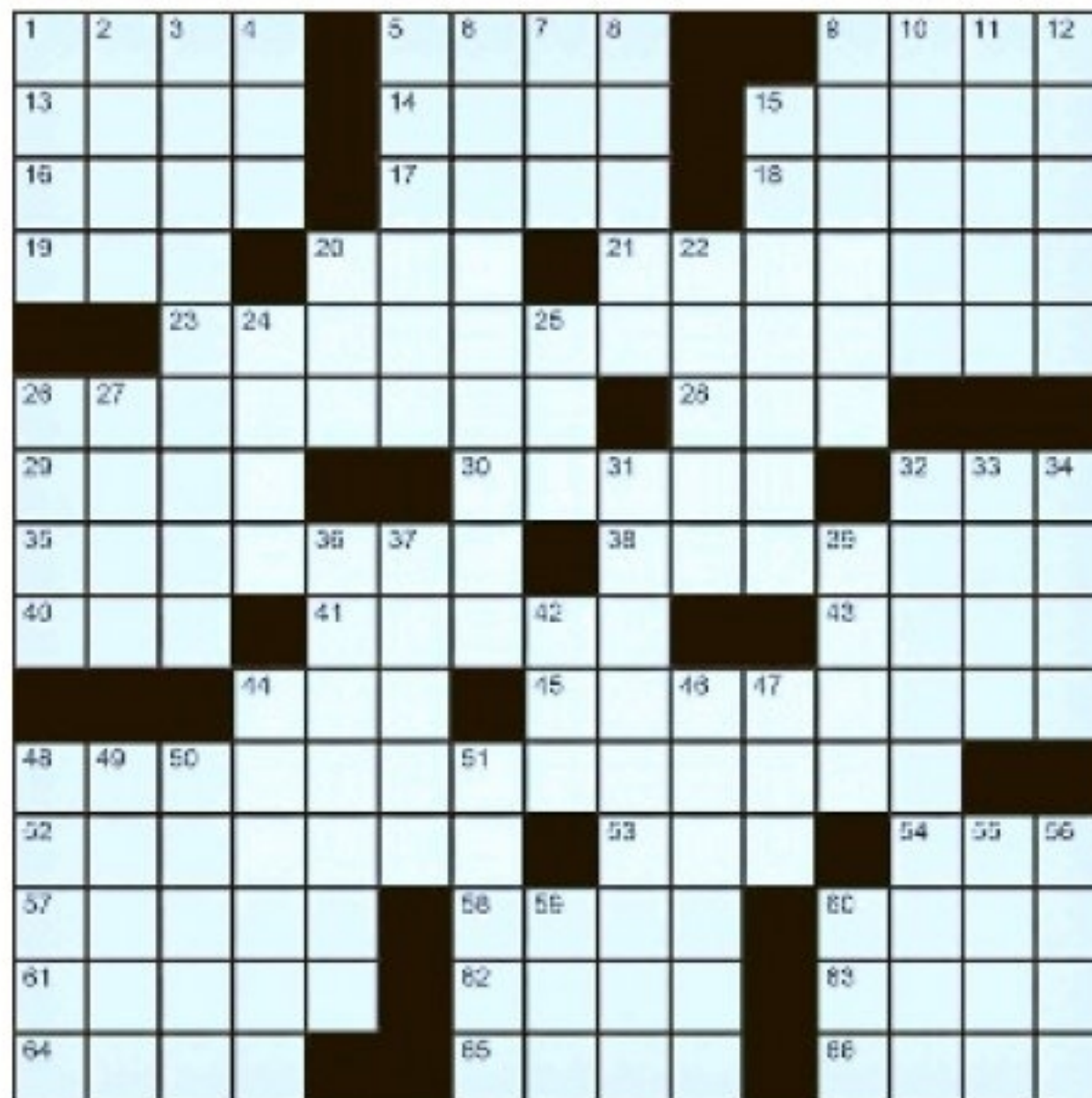
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Medical concern
5. Brother of Cain and Abel
9. Caught the traffic officer's attention
13. Courts
14. British singer Ella
15. "Monte _" (2011) starring Selena Gomez
16. Cheerful song
17. _ Admiral
18. _ oil
19. Fox's characteristic
20. Wanna _ (Aspirants)
21. One doing some spiffy-ing up
23. Professions of Johnny, Dutch and D'avin on the show at #45-Across: 2 wds.
26. Pantene and Selsun Blue field
28. Baseball great, " _ Wee" Reese
29. "Dancing Queen" band
30. Legendary Canadian heavy metal band
32. "Rubber Ball" singer Bobby
35. "La Strada" (1954) director Federico
38. Carnivore's completely carnivorous creation's content: 2 wds.
40. Football prop
41. Nobleman's home
43. "The ' _ 'e knows above a bit..." - Rudyard Kipling
44. Gnarly!
45. Interplanetary



- adventure series on Canadian specialty channel Space
48. Sockeye or Chinook: 2 wds.
52. The Turtles title song lady
53. _-relief
54. Gremlin
57. Ashton's "That '70s

- Show" character
58. Irish actor Mr. Meaney
60. Danish shoe brand
61. Oxford University college
62. Inkling
63. Quebec 'lakes'
64. 7th Greek letters

65. Fewer
66. Emerald _

DOWN

1. Painted tools
2. Spring
3. Religious read: 2 wds.
4. Superlative suffix
5. _ Joy (Former tel-

- evangelist character in Margaret Atwood novel The Handmaid's Tale)
6. Looking into a computer screen too long woe
7. 1708 Attilio Ariosti opera, Amor _ Nemici

8. Pulitzer-winning journalist Seymour
9. Military greeting
10. Cost
11. Young eel
12. Getting-things-done people
15. Rock singer/songwriter Chris (Soundgarden and Audioslave)
20. Tampa Bay footballer, for short
22. Iris centre
24. Toothbrush brand, _-B
25. Languish
26. Knife handle
27. Have _ in one's bonnet
31. Fluctuating factors
32. Kirstie Alley sitcom, " _ Closet"
33. Simple
34. Sherbrooke 'summers'
36. "How silly of me to believe you ...yet again!": 3 wds.
37. Rock bottom
39. Magic'spell
42. Sanctions, shortly
44. Washes
46. Certain cud-chewers
47. Initials-sharers of The Bionic Man's portrayer
48. Tea, Orange _
49. Aware
50. Salsa singer Ms. Cruz
51. Mr. B. DeMille
55. Gladiator's 1250
56. Model
59. Poetic tribute
60. Inventor Mr. Whitney

★ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
This is a good day to discuss the care and education of children. It's also a good day to lay the groundwork for social or sports events.

Taurus April 21 - May 21
You might see ways to make practical and beautiful improvements to where you live. What can you do to make your home run more efficiently and beautifully?

Gemini May 22 - June 21
Serious discussions with others will go well today. This is a good time to make plans for the future when talking to siblings, relatives and neighbors.

Cancer June 22 - July 23
If shopping today, you might find things that are both practical and beautiful. Meanwhile, this is an excellent day for business and commerce, because you see secure ways of making money.

Leo July 24 - Aug. 23
Today you are realistic about protecting what you own. If shopping for clothing you will buy practical, long-lasting and beautiful items.

Virgo Aug. 24 - Sept. 23
If you work alone or behind the scenes today, you will be amazed at your accomplishments. That's because you are goal-oriented and willing to do whatever it takes to get the job done.

Libra Sept. 24 - Oct. 23
Listen to good advice from someone older or more experienced. In particular, this applies to discussions about the arts, the entertainment world and the hospitality industry.

Scorpio Oct. 24 - Nov. 22
You will impress parents, bosses and people in authority with your ideas today. They see that you take your obligations seriously, and that you see many angles to things.

Sagittarius Nov. 23 - Dec. 21
It's easy to study today, because you want to learn something new. Furthermore, you will take your time to plow through something dry and tedious to get what you want.

Capricorn Dec. 22 - Jan. 20
This is an excellent day to smooth troubled waters about inheritances or disputes about shared property. Both parties will see ways to arrive at a mutually beneficial agreement.

Aquarius Jan. 21 - Feb. 19
Sit down with a close friend or partner and discuss the obligations of the relationship. You can solve problems today; people understand what is realistic.

Pisces Feb. 20 - March 20
You can get a lot done at work today, because co-workers are cooperative. In addition, you will see practical ways to elegantly do things. Bravo!

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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STK# 164W722610
\$36,883 OR \$249_{BW}



**2015 JEEP
CHEROKEE SPORT**
STK# 16JC887510
\$23,883 OR \$161_{BW}



**2014 RAM 3500 ST
REGULAR CAB 4X4 DUALY**
STK# EN1088030
\$36,883 OR \$249_{BW}



**CROSSTOWN
AUTO CENTRE**

LOCAL 780.451.7188 | TOLL FREE 1.877.837.6470

15520 123 AVE - EDMONTON, AB



VEHICLES MAY NOT BE EXACTLY AS ILLUSTRATED. VEHICLES WERE AVAILABLE AT THE TIME OF PRINTING. ALL DEALER REBATES, DISCOUNTS, PRICES AND INTEREST RATES SUBJECT TO CHANGE OR END WITHOUT NOTICE. ADVERTISED PRICES EXCLUDES GST. PAYMENTS ON VEHICLE MODEL YEAR 2011 OR OLDER FINANCED OVER 60 MONTHS AT 5.99%. EXAMPLE 2010 Dodge Journey R/T STK#15JR245210 PRICE \$19,885 FINANCED OVER 60 MONTHS AT 5.99% MONTHLY PMT \$384.34 BI WEEKLY PMT \$177.64 COB \$3208.20. PAYMENTS ON VEHICLE MODEL YEAR 2012-2013 FINANCED OVER 72 MONTHS AT 5.99%. EXAMPLE: 2012 DODGE JOURNEY STK#15JR213910 PRICE \$22883 FINANCED OVER 72 MONTHS AT 5.99% BI WEEKLY PMT \$175.24 MONTHLY PMT \$379.12 COB \$4413.64. PAYMENTS ON VEHICLE MODEL YEAR 2014 AND NEWER FINANCED OVER 84 MONTHS AT 5.99%. EXAMPLE: 2015 JEEP CHEROKEE STK#16JC887510 PRICE \$23883 FINANCED OVER 84 MONTHS AT 5.99% BI WEEKLY PMT \$161.22 MONTHLY PMT \$348.78 COB \$5414.52. EXAMPLE VEHICLE WITH \$10,000 CASH BACK: 2015 JEEP CHEROKEE STK#16JC887510 PRICE \$33883 FINANCED OVER 84 MONTHS AT 5.99% BI WEEKLY PMT \$228.73 MONTHLY PMT \$494.81 COB \$7681.04. NO PAYMENT FOR 90 DAYS MEANS PAYMENTS ARE DEFERRED NOT SKIPPED. FULL TERM OF PAYMENTS ARE STILL REQUIRED TO BE PAID IN FULL TO SATISFY THE TERMS OF THE FINANCE CONTRACT. PAYMENTS WOULD COMMENCE 90 DAYS AFTER PURCHASE DATE. INTEREST ACCRUES DURING THE PAYMENT FREE TIME BASED ON CONTRACTUAL TERMS AND MUST BE SATISFIED REGARDLESS IF FULL PAYMENT IS MADE AT ANY POINT. NO DOWN PAYMENT IS BASED OAC. ALL CREDIT APPLICATIONS ACCEPTED IS BASED OAC AND A DOWN PAYMENT MAY BE REQUIRED. ALL OFFERS EXPIRE JULY 31ST, 2016.

AMVIC ALBERTA MOTOR VEHICLE
INDUSTRY COUNCIL